Client Quiz 2
The Logic Behind OCD

1. Obsessional doubts are…
   ○ always correct.
   ○ preceded by reasoning.
   ○ sometimes realistic.
   ○ none of the above.

2. Obsessional doubts . . .
   ○ have justifications behind them.
   ○ come out of the blue.
   ○ ask normal questions.
   ○ all of the above.

3. The reasoning behind obsessional doubt…
   ○ is sometimes based on possibilities.
   ○ follows a logic.
   ○ makes the doubt seem likely.
   ○ all of the above.

4. The reasoning justifying the doubt may come from…
   ○ abstract facts.
   ○ general rules.
   ○ hearsay.
   ○ all of the above.

5. The difference between normal and obsessional reasoning is that…
   ○ obsessional reasoning is more logical.
   ○ normal reasoning is about the here and now.
   ○ normal reasoning concerns more dangerous topics.
   ○ none of the above.

6. Obsessional doubts are relevant because…
   ○ they are possible in the abstract.
   ○ they are based on valid reasoning.
   ○ they are telling me new facts.
   ○ none of the above.

Please check your answers by referring to the Quiz Answers Sheet.