

Client Quiz 2

The Logic Behind OCD

1. Obsessional doubts are...
 - always correct.
 - preceded by reasoning.
 - sometimes realistic.
 - none of the above.

2. Obsessional doubts . . .
 - have justifications behind them.
 - come out of the blue.
 - ask normal questions.
 - all of the above.

3. The reasoning behind obsessional doubt...
 - is sometimes based on possibilities.
 - follows a logic.
 - makes the doubt seem likely.
 - all of the above.

4. The reasoning justifying the doubt may come from...
 - abstract facts.
 - general rules.
 - hearsay.
 - all of the above.

5. The difference between normal and obsessional reasoning is that...
 - obsessional reasoning is more logical.
 - normal reasoning is about the here and now.
 - normal reasoning concerns more dangerous topics.
 - none of the above.

6. Obsessional doubts are relevant because...
 - they are possible in the abstract.
 - they are based on valid reasoning.
 - they are telling me new facts.
 - none of the above.

Please check your answers by referring to the Quiz Answers Sheet.